Journey To Ixtlan: The Lessons Of Don Juan
In Journey to Ixtlan, Carlos Castaneda introduces readers to this new approach for the first time and explores, as he comes to experience it himself, his own final voyage into the teachings of don Juan, sharing with us what it is like to truly stop the world and perceive reality on his own terms. Originally drawn to Yaqui Indian spiritual leader don Juan Matus for his knowledge of mind-altering plants, bestselling author Carlos Castaneda immersed himself in the sorcerer’s magical world entirely. Ten years after his first encounter with the shaman, Castaneda examines his field notes and comes to understand what don Juan knew all along—that these plants are merely a means to understanding the alternative realities that one cannot fully embrace on one’s own.

**Book Information**

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**Customer Reviews**

Forget the debate as to whether Castaneda’s writings were a hoax or that his books became important reading for the drug culture. Although I suggest you read his first two books before reading this one but if you read only one book by Carlos Castaneda this is the book to read. Be his books accurate reporting by a cultural anthropologist (which is becoming increasingly more and more doubtful), mysticism or hokum, this particular book is quite moving and lyrical. And whether his stories are real or imagined and whether the teaching he transmutes came from Don Juan or from his own mind by his knowledge as a trained anthropologist the underlying mystical principles of these stories cannot be dismissed out of hand. Shaman, poet and perhaps an academic scoundrel it is Castaneda’s poetry and story telling that comes shining through in this book. If Castaneda’s
books were a hoax and were represented as cultural anthropology as a better hook to sell books it is a shame because he did a disservice to science and to his legacy. Still I myself, as a former researcher in Harvard University’s anthropology department and a student of human ethology, can forgive this sin on one level and enjoy this book as a powerful work of literature. For if there has been a wrong that has been committed against anthropology it is one that was done by the way the books were marketed and perhaps by the author’s personality itself. The works themselves should not suffer and be shunned for this. His legacy would have been better served if he wrote these same works as a writer of fiction.