Systemic Sex Therapy
Systemic Sex Therapy serves as an introduction to the field of sex therapy from a systems perspective. It is an excellent resource for graduate students in marriage and family therapy programs or students and professionals who want a truly fresh perspective on sex therapy. This approach moves beyond traditional behavioral approaches to incorporate individual, couple, and intergenerational factors in etiology and treatment. Unlike current books on the market that are outdated, too advanced, simplistic, unfocused, or too diffuse in content, Systemic Sex Therapy is comprehensive, concise, highly focused on treatment, user-friendly, and contains features not found in other sex therapy texts, such as a systemic/behavioral focus, clinical innovation, and a greater focus on implementation rather than competing works.

Book Information

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Customer Reviews

This book was required for my post graduate class in Counseling. The book is easy to read and has A LOT of great information...including techniques. I recommend to any clinician wanting to re-fresh or become more familiar with topics to considers. This book is also good for personal use...!

Whether you call yourself a sex therapist or are a marital therapist that sometimes helps couples with their sexual problems, I think you will find this book a helpful addition to your clinical reading shelf.

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