A Dude's Guide To Babies: The New Dad's Playbook
A Dude’s Guide to Babies: The New Dad’s Playbook is a fun user’s manual for every dude who’s sweating all the small and big stuff about bringing up his little dude or dudette. With seven children between them (and wives who helped somewhere in there) Richard Jones and Barry Robert Ozer share straight talk, practical advice, and personal experiences (their own and those of other dads) to ease the stress about cleaning, feeding, and playing with your newborn, as well as keeping him or her safe, happy, and not in need of too much therapy. This guide reveals what to do in the delivery room (Houston, We Have Splashdown), how to baby-proof your home without going over-the-top, the inside scoop on poop, questions to ask the doctor for a well-child visit, and it also includes Pop’s Quizzes so dudes can test their Dad-fu (think Kung-fu only with more diapers and fewer mystical quests). The funny, short chapters will keep new Dads interested as well as allow them time to catch a few minutes of the game before the baby wakes up. This is the must-have book that tells what to really expect after all those months of expecting...and how to thrive (and not just survive) as a new dad.

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Customer Reviews

This was a great book in that it was casually/humorously written but helpful and informative. It had some "gems" that would be super helpful for the new dad who is still in that "oh-my-goodness-they-let-me-bring-this-baby-home-and-I'm-supposed-to-be-the-supervising-adult? !?" stage. This would be a great gift for dad at a baby shower (they never get gifts) or it would be a great way to tell your husband that he’s going to be a dad. Highly recommended. I look forward to
future books from these authors.

I thought I knew everything there is to know about parenthood but after reading this book I realized I was wrong. One would think it was all common sense but in this book there are things we don’t think about when we are expecting or bringing our precious cargo home. This book is packed full of every aspect of parenthood from the time of conception to when the baby is moving about. It is geared for the fathers of the baby, but the mother can learn just as much as long as you can get passed the dude or dudette references through the book. They stress how important it is to be for the pregnant mother during the morning sickness through postpartum depression that even men can experience. It even suggests waiting until the second trimester to announce the pregnancy in case of a miscarriage and you have to explain to family and friends how your joy turned to horror. This book will help you learn how to hold the baby in its first few weeks, how to bathe it, and even if the baby is circumcised and how to care for it. It stresses safety first for the child. It has quizzes and will give you top ten lists on all the stuff you need to know and will need to care for your baby. It will prepare you anything as it touches on every aspect of bringing up your child in a well-cared for environment. Although this is written for fathers to be by fathers Richard and Barry, it is a great book for the mother to be also. Pick up this book or give it to expecting parents to read together. I promise you, there will be information you didn’t even think of.

I only skimmed it (I bought it as a gift for a friend) but was very impressed with what I read! The topics covered are very practical and written in a humorous but not condescending way. Some of the things mentioned weren’t hints I would have thought of initially, but are super helpful and great to know as a new parent. It’s very much to the point so it doesn’t read like a large textbook that you’ll never use. I will be ordering more of these to keep on hand as shower gifts for new parents-to-be. If you’re looking for a useful guide for a new parent that is entertaining without defaulting to a “dads are idiots” tone, this is the book you want to buy.

Review by Dorothy A. Bell
I received a download of this book in exchange for an honest review. A Dude’s Guide to Babies is great. The book should be required reading for all new fathers and all men contemplating matrimony who want to start a family. Heck, give it to grandfathers, too. They might get brave enough to try a few things they were too macho to take on when they were newbe fathers. Maybe, finally, they could get comfortable, be more useful with the grandbabies. Brides should read this book too, to gather insight into how a man looks at marriage and having children. It
scares the hell out of them. I think, as a woman I knew that, but I didn't understand why. It's the lack of knowledge, familiarity, the fear of doing something wrong, not knowing what to look for. Men are mechanic-minded, analytical beings. These authors give men permission to shape infant care to their own way of doing things. For instance, diaper changes--do them on the floor. Baby doesn't have a chance of falling. Keeping one hand on the kid at all times, of course. Babies are unpredictable, unreliable, tricky things; you have to stay with them, be in the moment, on guard at all times. Guys don't do diaper bags, they do backpacks. I found the book entirely entertaining, positive, chock-full of no-nonsense information, easy to grasp tips, researched explanations wrapped up in humor and guy-speak. No, I don't think the guys can keep this one to themselves. Ladies, brides-to-be, grandmother, you must read this too; you're gonna love it and learn a lot. Kudos fellas.

A Dudes Guide to Babies, by Richard Jones and Barry Robert Ozer was a nice surprise. I was given a copy for an honest and fair review, so I hadn't read the description on the page, and had no idea what to expect, a dry how to, for first time dads, HOW WRONG I WAS. This is a book that dudes will actually read. From start to finish, it offers many tips and how tos, but at the same time, it is endlessly entreating and will make you smile and laugh out loud at the stories these two men tell to teach first time dads that they too can raise their child, and not break them. While the title suggests that the book is a guide to babies, it is much more, it starts where the baby starts, with pregnancy, through delivery, and after, to diapers and baby proofing your home all presented in an amusing fun to read book, by two guys who really know what they are talking about. This is a great gift for that first time dad, or even one for those more experienced fathers who will nod and smile over the stories.

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