This comprehensive guide to attention deficit/hyperactivity disorder (ADHD) offers parents balanced, reassuring, and authoritative information to help them understand and manage this challenging and often misunderstood condition. Based on the American Academy of Pediatrics’ own clinical practice guidelines for ADHD and written in clear, accessible language, this book answers the common questions: How is ADHD diagnosed? What are today’s best treatment options? and Will my child outgrow ADHD? Accurate, up-to-date findings on evaluation and diagnosis, coexisting conditions, and unproven treatments are provided. Also addressed are behaviors associated with the teenage years and what schools can do to support children with the condition. ADHD management strategies that balance the roles of behavior therapy, medications, and parenting techniques are suggested.

**Book Information**

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**Customer Reviews**

In my clinical practice I treat and evaluate children and adults with ADHD. I always recommend this book to parents who have children with attention problems in order for them to get a complete objective overview of the disorder and the treatments that are available. This book explains in simple language the current medical definition of ADHD and why you need a complete evaluation in order to receive an accurate diagnosis. It contains a thorough discussion of the treatment options.
available for the parents and child. It encourages parents to become the "case manager" of their child’s treatment. In order to understand how and what treatment is best for your child you need to understand what the scientific research has shown works and does not work in treating this disorder. It is then possible to make educated choices for your child. This book is published by the American Academy of Pediatrics and they have done an excellent job in bringing a factual and complete guide for parents to understand ADHD. I recommend it as the first book to read when you are researching this problem.

Developed by the American Academy of Pediatrics without commercial involvement of any kind, ADHD: A Complete And Authoritative Guide is a "must-have" reference and resource for parents addressing the phenomenon of Attention-Defecit Disorder with Hyperactivity in children. Chapters address identification and diagnosis, commonly coexisting conditions, treatment options, the role of medications, behavior therapy, helping one’s ADHD child succeed in school, unproven treatments for ADHD, and much more. A disclaimer warns that the vital information in ADHD: A Complete And Authoritative Guide is meant as a supplement for a physician’s diagnosis and recommendations, not a replacement, yet its vital and meticulous accuracy and tested methodologies are a blessing to anyone involved in the raising or care of ADHD children.

If your child has recently been diagnosed ADHD this book is a must have! I purchased several other books in hopes of helping my 7 year old daughter adjust to her diagnosis. This is by far the best, non-bias resource I have found to date! Not only does it discuss the options between using medication and not, behavior techniques, and ways to change your own thinking, it also contains helpful information on speaking to your child’s teachers. Also included is information on federal laws requiring certain programs available to all children in public and charter schools. For the newly diagnosed, this book is amazing!

My son was just diagnosed with ADHD a few months ago so during my deer-in-headlights phase, I really needed something that would give me the answers to all the questions I had without slant or bias. (“Medicine is WONDERFUL!” or “Medicine is HORRIBLE!!” That kind of thing.) This book does a wonderful job of that. It touches on all the various aspects of the disorder and how parents can help navigate their child through this challenging diagnosis. I highly recommend that every doctor who is telling a parent that their child has ADHD prescribe this to the parents!
provides a lot of good information for parents with a newly diagnosed child. Helpful advice, provides info on behavior techniques as well as medication which was helpful as we talked to a neurologist about options. Would definitely recommend this book.

I recommend this book to parents and teachers alike, this book opens your eyes, it makes you understand why your child acts the way they do.

This was a very good book that gave several viewpoints. I found it extremely helpful with understanding ADHD.

This book gave me insight into what my child is going through in her world. I would recommend to anyone.

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