You & Your ADD Child: Practical Strategies For Coping With Everyday Problems

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Every year, one in twenty Australian children is diagnosed with Attention Deficit Disorder (ADD). ADD can explain why a child is over-active, bored, lazy, constantly demanding, argumentative, unmotivated, disorganised, without friends and experiencing learning difficulties. But does this diagnosis mean that your child is doomed to a lifetime of failure 'NO!' says child psychologist Ian Wallace. In this new book he introduces troubled parents to a variety of practical strategies, designed specifically for ADD, that can help them and their children manage everyday problems. Ian even tackles the difficult problems of low self-esteem, poor social skills, defiance, school issues, aggression and sibling rivalry.

**Book Information**

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**Customer Reviews**

I used this book for my 12 year old son 18 years ago (and for the following years). Now I am using the same book to help my grandson and his mum. Fabulous insights by a doctor who suffers from ADD himself.

Very useful.
Now--With Questionnaires and Family-Centered Action Plans to Meet Your Child's Specific Needs

Healing ADD: The Breakthrough Program that Allows You to See and Heal the 6 Types of ADD

Practical Problems in Mathematics for Heating and Cooling Technicians (Practical Problems In Mathematics Series)


Why Johnny Can't Concentrate: Coping With Attention Deficit Problems Skillful Coping: Essays on the phenomenology of everyday perception and action

Superparenting for ADD: An Innovative Approach to Raising Your Distracted Child

Right-Brained Children in a Left-Brained World: Unlocking the Potential of Your ADD Child

The Endometriosis Survival Guide: Your Guide to the Latest Treatment Options and the Best Coping Strategies

The Power of Positive Thinking: A Practical Guide to Mastering the Problems of Everyday Living


The ADDed Dimension: Everyday Advice for Adults with ADD

The Out-of-Sync Child Grows Up: Coping with Sensory Processing Disorder in the Adolescent and Young Adult Years

Coping Cat Workbook, Second Edition (Child Therapy Workbooks Series)

The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind

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You, Your Relationship & Your ADD: A Workbook

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