100 Deadly Skills: The SEAL Operative's Guide To Eluding Pursuers, Evading Capture, And Surviving Any Dangerous Situation
Synopsis

A hands-on, practical survival guide from retired Navy SEAL Clint Emerson—a "adapted for civilians from actual special forces operations"—to eluding pursuers, evading capture, and surviving any dangerous situation. In today's increasingly dangerous world, threats to your personal safety are everywhere. From acts of terror to mass shootings, and from the unseen (and sometimes virtual) matrix of everyday crime, danger is no longer confined to dark alleys or unstable regions. Potentially life-threatening circumstances can arise anywhere, anytime, and Clint Emerson—a former Navy SEAL—wants you to be prepared. 100 Deadly Skills contains proven self-defense skills, evasion tactics, and immobilizing maneuvers—modified from the world of black ops—to help you take action in numerous "worst case" scenarios from escaping a locked trunk, to making an improvised Taser, to tricking facial recognition software. With easy-to-understand instructions and illustrations, Emerson outlines in detail many life-saving strategies and teaches you how to think and act like a member of the special forces. This complete course in survival teaches you how to prevent tracking, evade a kidnapping, elude an active shooter, rappel down the side of a building, immobilize a bad guy, protect yourself against cyber-criminals, and much more—all using low-tech to "no-tech" methods. Clear, detailed, and presented in an easy-to-understand and execute format, 100 Deadly Skills is an invaluable resource. Because let's face it, when danger is imminent, you don't have time for complicated instructions.

Book Information

Series: 100 Deadly Skills
Paperback: 272 pages
Publisher: Touchstone (October 13, 2015)
Language: English
ISBN-10: 147679605X
Product Dimensions: 5.5 x 0.7 x 8.2 inches
Shipping Weight: 12.8 ounces (View shipping rates and policies)
Average Customer Review: 4.2 out of 5 stars—See all reviews (983 customer reviews)
Best Sellers Rank: #378 in Books (See Top 100 in Books) #1 in Books > Politics & Social Sciences > Politics & Government > Specific Topics > Intelligence & Espionage #1 in Books > Health, Fitness & Dieting > Safety & First Aid #2 in Books > Reference > Survival & Emergency Preparedness
Despite its title, retired Navy SEAL Clint Emerson's "100 Deadly Skills: The SEAL Operative's Guide to Eluding Pursuers, Evading Capture, and Surviving Any Dangerous Situations", is as often applicable to civilian life as to clandestine operations. Tips include skills on avoiding such annoyances as car thefts, carjackings, home invasions and burglaries. Hint: never leave your keys in your car. We all know this, but when the advice comes from somebody who can also tell you how to steal a car, maybe it will sink in. And that valet key some car dealers put in your ownerâ€™s manual? Repeat after me: itâ€™s a key. Put it in a safe place thatâ€™s not in your car. For travelers, Emerson offers such tips on hotel safety as asking for a room midway between elevators and stairways. And why you probably donâ€™t want a room on the ground floor. Every skill (usually discussed on a single page) is broken down into its critical parts, has a bottom line takeaway, and is illustrated with clear line drawings by storyboard artist Ted Slampyak.

I had hoped not to have to deal with the discussion of active shooters (Skill #073) or other armed aggressors, but recent events in Paris and San Bernardino, California, make these pertinent. Those of us who arenâ€™t hero wannabes will be relieved to know that people finding themselves in such dire situations can often be saved by following Emersonâ€™s commonsense tips that donâ€™t require the response of blazing guns, at least not from civilians. In fact, his first recommendation for evading danger is to run. His second recommendation is to hide. Fighting is always the last option. When running, remember itâ€™s harder for a shooter to hit a moving target, so run in a zigzag pattern or from cover to cover.

I saw the author, ret. SEAL Clint Emerson, discussing this book on television and after seeing him elaborate on a sample of âœskillsâœ, I immediately ordered it. 100 DEADLY SKILLS offers a wealth of common-sense techniques used by elite military operators that can be applied for civilian use (for the most part). I found the bookâ€™s value centered more on making the reader smarter, more aware and more prepared; not as a tool to instigate trouble. I like (âœAmerican Sniperâœ) Chris Kyleâ€™s simplified view of people: there are the sheep, the wolves that prey on the sheep and those who take on the wolf to protect the sheep âœthe sheepdogs. 100 DEADLY SKILLSâ™ purpose is to provide readers with enough necessary information to become sheepdogs. The method is simple, provide the sheep (easy victim) with the same tools and know-how wolves (criminals, terrorists, etc.) use on their prey âœfighting fire with fire. The simple presentation of the material is particularly effective. There are no long, laborious chapters of text to sift through. Emerson generally uses a two-page technique for each of the 100 skills he presents. The left page provides a brief, easily understood explanation of a particular skill and the right page offers a simple
step-by-step graphic presentation of the skill. This one-two punch makes a solid impression that is easy to remember. The range of skills covered in the book is diverse and some of the skills are a little extreme (hopefully, most readers will wonder why they need to know how to dispose of a body).

100 Deadly Skills: The SEAL Operative’s Guide to Eluding Pursuers, Evading Capture, and Surviving Any Dangerous Situation

Survival Guide: A Navy Seal’s Secrets to Surviving Any Disaster

The BetterPhoto Guide to Photographing Light: Learn to Capture Stunning Light in any Situation (BetterPhoto Series)

Leadership: Management Skills, Social Skills, Communication Skills - All The Skills You’ll Need (Conversation Skills, Effective Communication, Emotional... Skills, Charisma Book 1)

Sturdevant’s Art and Science of Operative Dentistry, 6e (Roberson, Sturdevant’s Art and Science of Operative Dentistry)

Sturdevant’s Art and Science of Operative Dentistry, 5e (Roberson, Sturdevant’s Art and Science of Operative Dentistry)

Operative Techniques in Foot and Ankle Surgery (Operative Techniques in Orthopaedic Surgery)

Perfect Phrases for the Perfect Interview: Hundreds of Ready-to-Use Phrases That Succinctly Demonstrate Your Skills, Your Experience and Your Value in Any Interview Situation (Perfect Phrases Series)

100% Reliable Flash Photography: How To Get Amazing Light In Any Situation

SEAL Team Six: Memoirs of an Elite Navy SEAL Sniper

Fearless Social Confidence: Strategies to Conquer Insecurity, Eliminate Anxiety, and Handle Any Situation - How to Live and Speak Freely!

Radical Forgiveness: A Revolutionary Five-Stage Process to Heal Relationships, Let Go of Anger and Blame, Find Peace in Any Situation

Communication Skills: 101 Tips for Effective Communication Skills (Communication Skills, Master Your Communication, Talk To Anyone With Confidence, Leadership, Social Skills)

A Question Of Intent: A Great American Battle With A Deadly Industry (Great American Battle with with a Deadly Industry)

Deadly Class Volume 2: Kids of the Black Hole (Deadly Class Tp)


Dangerous Deception (Dangerous Creatures)

Robert Young Pelton’s The World’s Most Dangerous Places: 5th Edition (Robert Young Pelton the World’s Most Dangerous Places)

How to Be a Good Leader: The Ultimate Guide to Developing the Managerial Skills, Teamwork Skills, and Good Communication Skills of an Effective Leader


Dmca