ADHD Book: Living Right Now!

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Synopsis
Empathic, responsible, readable, and extremely useful information for families and teachers about ADHD. The book focuses on over-reactions, impulse control, easy frustration, time management, and organizational problems as key aspects of ADHD. Dr. Kutscher writes with a clear and compelling style in an easy to follow format.

Book Information
Paperback: 136 pages
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Average Customer Review: 5.0 out of 5 stars See all reviews (10 customer reviews)
Best Sellers Rank: #2,605,874 in Books (See Top 100 in Books) #76 in Books > Parenting & Relationships > Special Needs > Hyperactivity #4659 in Books > Health, Fitness & Dieting > Psychology & Counseling > Child Psychology #24074 in Books > Parenting & Relationships

Customer Reviews
I own literally dozens of books on ADHD and have read dozens more. This slim book (only about 125 pages) is absolutely one of the best. I ordered it on the recommendation of a friend and when it arrived I was disappointed to see such a thin book. How could it add anything I didn’t already know? Well, it did! It sums up the latest in scientific approaches to ADHD, de-bunks the myths and presents it all as clearly and concisely as I have ever seen. An excellent investment!

This is an excellent book on ADHD. It is informative, comprehensive and easy to understand. A must have for those with ADHD and their families! Teachers will also find this book a valuable resource. It provides many different types of therapies for parents and teachers to use when dealing with someone who has ADHD. Dr. Martin Kutscher gives those without ADHD insight into the world of those living with ADHD.

I only wish this book was available for me when my daughter was diagnosed with Tourette
Syndrome back when she was 12. By the time ADHD was diagnosed she was 19 and we had gone through many years of disruption and blame. I will recommend this book to family and friends. Carol Goldberg Maeder, Mother

This book is easy to understand for the layman or professional. It addresses everyday problems and how to deal with them by a doctor who is not only intelligent, but compassionate.

An excellent, concise, no-nonsense, inspirational book. Superb as both resource and guide to help us do just what we want to: LIVE RIGHT NOW! Thank you very much indeed, Dr. Kutscher.

This book on ADHD is an invaluable resource for parents, teachers, clergy, administrators, camp directors, scouting leaders...all who work with kids and need coping strategies to help the kids (and themselves) succeed.

This book delivers what it promises. It gives a lot of valuable information without overwhelming you with psychology terms and studies. It is written so that it is easy to read and gives you resources if you want research any of the information further. I have read a lot of books on ADHD, but this one is the only one that I will keep and reference often when I need reminders of what I need to do as a parent with an ADHD child.

I ordered this book a couple of months ago after reading part of the e-book version. It is such a valuable resource in helping my whole family understand what is going on! The author describes the condition (ADHD) in a clear voice, easy to read, yet so very informative. I've read parts of it to my son (age 9) and heard him exclaim, "That's just how it feels to me, Mom!". Both my husband and I have found this book to be so helpful as we learn to interact in a positive way with our children. This is one resource book that we will likely wear out as we read and re-read it. In fact I am ordering a copy of it to send to my parents so they can better understand what we're going through.

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