All About Attention Deficit Disorder

Symptoms, Diagnosis and Treatment: Children and Adults

"...this lucid resource can help individuals of all ages...a must..."
—American Library Association Booklist

Thomas W. Phelan, Ph.D.

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There are 20 million children and adults in America who have Attention Deficit Disorder (ADD or ADHD). This comprehensive guide gives parents, teachers, pediatricians and mental health professionals the facts and resources they need to effectively deal with ADD. In straightforward language, Dr. Phelan separates fact from myth about this vastly misunderstood condition.

Book Information

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Customer Reviews

My husband and I both found Dr. Phelan’s book to be a thorough discussion of ADD/ADHD from diagnosis to treatment. Dr. Phelan writes in simple English without complicated medical terms and with a sense of humor. This book is easily read in a short time.

Now in a newly updated edition, Thomas Phelan's All About Attention Deficit Disorder continues to be one of the most "reader friendly" introductions and explanations for parents, teachers and care-givers of Attention Deficit Disorder (ADD). Phelan covers symptoms, diagnosis, and treatment for ADD children and adults. Highly recommended for personal, professional, school and community library collections, All About Attention Deficit Disorder will provide information, tools, and emotional support needed by anyone dealing with a loved one, student, or patient with this difficult, biologically based, psychologically impacting disorder.

All About Attention Deficit Disorder should be given out in doctor’s offices along with the
It's an excellent and easy to read resource for parents, teachers, and caregivers of any child who has ADD/ADHD characteristics. This book also includes fantastic information for adults who maybe didn't have the "label" as a child but can recognize the symptoms in themselves or a parent who can see the symptoms in themselves now that their child has a label. I am a special education teacher, not a medical doctor, so I am not allowed to give out any medical or medication advice to parents in school based meetings. This is the information I would share at those meetings if I could. The straightforward information in clear to understand language with a sense of humor to go with it is a must read! I also highly recommend adding 1,2,3 Magic to your cart. It’s the behavioral "instructional" manual that all children should have tied to their ankle when they come out of the womb. It’s an especially helpful read with ADHD and other special needs children with a mental age of at least 2 years but it's a system that works with children of all ages.

This book isn't meant to replace a visit to your family physician, but to educate and inform parents so they can make the right decision. If your child has been diagnosed with ADD, this book will help you get a better handle on the disorder, help you understand what your child is going through, and help you help your doctor properly treat your child. If you suspect your child has ADD, but aren't ready to take your child to the doctor, this is a good first-step. Get All About Attention Deficit Disorder, read it, and if you feel your child meets the criteria for ADD, contact your family physician for an appointment.

Good book that started out promising- showing a synopsis of life for each person related to an ADD kid, including the kid himself. Some of the book was overly simplistic, though. For example, I agree with the reviewer who said that Phelan's constant referral to ADD kids as "obnoxious" is insensitive, as is his blaming ADD for causing parents to divorce. He also says that a high IQ is better for overcoming ADD, which may be true in regards to finding employment, but he doesn't acknowledge the depression that can occur from being highly intelligent and not being able to do anything with that intelligence, do to difficulty concentrating and staying on task. He also doesn't seem to realize that IQ tests probably aren't accurate for ADD kids in the first place, because of aforementioned concentration trouble. I did find the 1-2-3 magic discipline method helpful, though, but it probably would only work if the kid isn't in a state of emotional overarousal.

Gives all parents, educators, community members what they need to know so they can deal with this disorder. It is a quick read. After you read this book you will be able to relate to the ADHD in a
way that will benefit you and the person with ADHD. I recommend this book in my business as a teacher and child advocate. Thank you Dr. Phelan for writing a book that really helps everyone.

Purchased this book back in the late 90’s when my son was diagnosed at age 6. The doctor lays it out so that it’s very easy to understand what your child is dealing with. I’m amazed that even today, the majority of people I talk to think that it’s a discipline problem. They could not be more wrong. I have given this book away to several friends. It’s been the best book for getting an understanding across in the simplest terms. Highly, highly recommend this book to start with!

Dr. Phelan’s writing is clear and to the point. He does an excellent job of giving suggestions to teachers for classroom management. However, I was offended by his use of the term "ADD kid" and his repeated description of these kids’ behavior as "obnoxious" throughout his book. I was looking to possibly use this book as a basic text for a seminar on children with disabilities I am designing, but this lack of sensitivity will prevent me from adopting his book.

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