Diagnosis: Brain Tumor: My Acoustic Neuroma Story

By: C. Michael Miller
Since I wasn’t allowed to move my head or upper body at all, I was watching my toes wiggle a little dance in my sneakers while I sang, in my head, the song that the Typewriter Guy used to sing on Sesame Street. Nooooney, Noooney, Nooney, Noo... T. Toes. I chuckled a little. I was in the middle of getting a cranial MRI scan and was watching my toes do their little dance in my sneakers in the angled mirror that I think was supposed to make me feel less claustrophobic. I just thought it was handy for keeping an eye on my toes while they wiggled and danced to the song I sang in my head. I’m guessing that’s not what the company who designed the MRI machine really had in mind, but I wasn’t worried about it. A sudden movement in the smoked glass window beyond my feet caught my eye. The silhouette in the control room was pointing and gesturing at something. There were quickly other shadows that came over to gather around and see what had attracted the first silhouette’s attention. My song faded off into nothing and my toes stopped dancing as the profile of a man wearing a tie came into view and started pointing and gesturing as well. This can’t be good, I thought. Pointing and gesturing during medical tests like an MRI is generally bad, even if it’s just pointing done by silhouettes and shadows. Little did I know what the future held in store for me.

This is a great read, and an interesting first-person account of dealing with an Acoustic Neuroma. It is a well written account of the facts of diagnosis and treatment as well as insight into how it feels to find out you have a tumor in your brain, that you need surgery, and recovery. A must read for anyone who is facing Acoustic Neuroma, or has a loved one suffering from it.
After being diagnosed with an Acoustic Neuroma, I wanted answers. I needed to know what to expect, the reality of it, and as much accurate information as possible. C. Michael Miller did an awesome job recreating his own experience in this book. Reading his book really opened my eyes to the importance of recovery and an awesome support system. This is a great read if you or someone you care about has or knows someone who has an Acoustic Neuroma.

The author gives us a candid, personal look into a world most of us will, hopefully, never experience. A young man in his prime goes to the doctor for a stuffy ear and winds up undergoing a horrendous, complex brain surgery for a tumor that, left unchecked, most likely would have killed him. Miller’s powerful account chronicles his shock at his original diagnosis, his fight through a rocky recovery and his success at ultimately living with permanent hearing loss and learning to cope with and ultimately embrace his "new normal." And it also recounts the impact his illness had on his wife and close friends, and how their love and support helped him deal with his diagnosis, surgery, convalescence and his quest to rebuild his life and health. Miller recounts his experiences with candor, humor and a healthy dash of self-deprecation. Beyond being a simple tale of a man’s journey back from the brink, it gives the reader a road map for compassion--insights into the small things we can do for ailing friends, family members and even total strangers that can mean so much as they cope with serious, life-changing events. Miller’s tale is well-written and insightful. It is a "walk a mile in my shoes" story that has much to teach us all.

I found the book provided a very insightful glimpse into a (hopefully) uncommon experience. I really enjoyed the engaging writing style and I think the author’s experiences would be very helpful to others who have to go through anything remotely similar - be it a brain tumor, or any other major medical issue.

I enjoyed the story told in this mini-biography. The author does a great job putting things in plain English and drawing you in. For anyone going through any sort of 'new normal' life changing diagnosis there are many suggestions for coping mechanisms and for planning purposes. Informative, instructional, funny, and a bit of pulling at the heart strings.

Thank you for sharing your story. We just found out that my husband has a 2.5cm acoustic neuroma. Your story was very enlightening. We are not looking forward to the process involved with
this diagnosis, but can't thank you enough for sharing your story.

Diagnosis: Brain Tumor - My Acoustic Neuroma Story is a first-hand account of a man's experience with a rare brain tumor. The author takes us into the mind of someone who has received a dire diagnosis, and does so in a very real and honest manner. He not only shows courage, but he shows us those moments when there's not a whole lot of courage, too, which is what makes this an incredible read. I highly recommend this book for anyone that has been through any type of medical illness/emergency, and those who haven't, too.

Loved his dry sense of humor and totally appreciated how the author/survivor came back to tell us the reality of how hard this whole thing is. Just the right amount of wit and raw honesty. I am inspired to "pick a goal" for myself again for after my surgery. Definitely recommend to those facing acoustic nueroma and their loved ones. Thank you for sharing your story!

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