Sheet Music: Uncovering The Secrets Of Sexual Intimacy In Marriage
Synopsis

With his characteristic warmth and humor, Dr. Kevin Leman offers a practical guide to sex according to God’s plan. This frank and practical book is a perfect resource for married and engaged couples. Dr. Leman addresses a wide spectrum of people, from those with no sexual experiences to those with past sexual problems or even abuse. Using frank descriptions, this book has a warm and friendly tone that will help couples overcome awkwardness in discussing an issue important to all married couples.

Book Information

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Customer Reviews

This title is the first one I have read by Dr. Kevin Leman. I am so impressed with him and his humorous, helpful style that he will likely be on my list of favorite authors. Leman’s personality comes through strong in this volume about married life, laughter, and the language of love. I read this book first, and then my wife was so intrigued by my interest that she read it as well. My wife is normally not a reader of non-fiction, but this title held her attention to the very end. Both of us later described this volume by remarking, "This guy is so right on target with his description of what makes men/women tick!" Leman is a devout Christian, and as such remains within biblical guidelines in his sexual advice. He definitely is NOT however, puritanical by any means. He describes sex in marriage as a gift from God to be thoroughly enjoyed, not as a necessary evil to be endured. For years as a pastor I’ve recommended one other particular title to newlyweds as an "all-you-wanted-to-know-about-sex-but-was-afraid-to-ask" book. I am so impressed that this title will now replace it. Buy it for your marriage, read it in your marriage, and learn even more about this
Psychologist and bestselling author Dr. Kevin Leman pulls back the sheets on the scintillating subject of sexual intimacy in his latest book, SHEET MUSIC. While it's a return of sorts to the territory that he covered in SEX BEGINS IN THE KITCHEN, Leman uncovers much more ground in this revealing look at the secrets to connubial bliss. "It's not just a how-to-do-it manual," writes Leman. "This is more of a do-it-yourself look at why to do it and how to do it better." With his trademark wit and wisdom, Leman offers couples no-nonsense guidance for creating and keeping a satisfying sexual relationship. The provocative primer includes 31 ideas for sensual surprises, including a racy recipe for creating a chocolate bath complete with whipped cream. Also included for readers are helpful suggestions for identifying and satisfying not only the needs but also the desires of their spouses. "One of the most loving and holy things you can do in marriage is to provide a sexually fulfilling pursuit of your husband or wife," Leman writes. "Therefore without apology, this is the most explicit book I've ever written. Probably everybody will be offended by at least one thing I say in this book." Leman confesses that the book was the hardest to write of the 25 titles he's written to date and even goes so far as to include a brief note to readers, admitting that part of what is included in the book may be too forward for some. For readers in premarital counseling specifically, he suggests saving the second half of the book for the honeymoon. In the chapter titled "A Very Special Connection," Leman addresses several of the more common sexual positions and even some of the not-so-common ones. Later in the book, he is supportive of oral sex, devoting an entire chapter to "Oral Delights." Throughout the book, Leman stresses the need to consider the appetites of one's spouse and suggests never coercing them into any type of sex act unwillingly. The law of love is to rule in the bedroom as much as any place else, he maintains. Arguably somewhat graphic in places for a Christian sex guide, the book nevertheless excels at confronting unhealthy sexual inhibitions in the name of liberating couples' God-given passions for their own good. While not for the faint of heart, SHEET MUSIC is a much-needed resource for recovering sexual intimacy in marriage. Leman has composed a stirring classic, moving readers to create beautiful music together. Encore! --- Reviewed by Sean Fowlds

This is truly the most incredible marriage book I have ever read! Dr. Leman is just so right-on about what makes men tick and what drives them sexually (and its more in-depth than one would think!). It made me realize that men are not just after the sex, per se, but the intimate connection that sex provides for a couple. He has such incredible insight about the role of sex in a marriage and he
backs it all up biblically - making sex within marriage not just right, but mandated by God! Christians and non-Christians alike will appreciate his insight into what makes men and women tick (its scary how well he gets inside a womans mind AND body) and this book would benefit any marriage having difficulties of any kind, or even none at all. Finding the common ground on sex can be so difficult - just the introduction of this book cleared up so many issues in my mind. I can’t begin to say how highly I recommend this book to everyone - I am just so thankful to Dr. Leman for such a clear look into the mind of my husband!

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