Speaking Of Apraxia: A Parents' Guide To Childhood Apraxia Of Speech
At last, a parents’ guide to understanding, treating, and living with childhood apraxia of speech (CAS). Written in an empathic style by a parent who "has been there", Speaking of Apraxia offers hope and practical advice for parents of toddlers to teens with this neurologically-based motor speech disorder. Characterized by difficulties with planning and producing the complex set of movements necessary for intelligible speech, CAS can be a child’s only diagnosis or can be accompanied by other special needs such as learning disabilities, Down syndrome, or autism. Parents and professionals will appreciate the author’s clear explanations of everything from diagnosing CAS and working with speech-language pathologists (SLPs), to understanding how to distinguish it from other speech disorders, and getting appropriate early intervention and special education support. Drawing on the latest research, professionals' insights, her own and other parents’ experience, the author covers these important topics: I: The Straight Scoop on Speech Basics--CAS definition; An Overview of Speech & Language; Where to Get Help and What to Ask; Your First Appointment with an SLP II: Now What?!--Getting, Coping with and Understanding the Diagnosis; Health & Genetics; All about Speech Therapy III: Helping Your Child--Complementary and Alternative Medical and Treatment Approaches (Diet, Music, Movement Therapy and More) IV: Off to School--Getting Ready; Special Education Ins & Outs; Phonological Awareness; Reading Issues V: Coping & Hoping--Dealing with Emotions and Family Life; What the Future May Hold; Networking, Support Groups, and Advocacy Appendices: Information on insurance, summer camps and enrichment programs, speech-language milestones, and a glossary of terms Speaking of Apraxia is a comprehensive and authoritative resource any family, SLP, occupational therapist, or pediatric practice will be glad to own or recommend.

Book Information

Paperback: 450 pages
Publisher: Woodbine House (March 28, 2012)
Language: English
ISBN-10: 1606130617
Product Dimensions:  7 x 0.9 x 10 inches
Shipping Weight: 1.8 pounds (View shipping rates and policies)
Average Customer Review: 4.7 out of 5 stars  See all reviews  (34 customer reviews)
Best Sellers Rank: #75,526 in Books (See Top 100 in Books) #34 in Books > Education &
So I'm not one to write reviews of books. Typically, I'd just write a review if the book was so horrible (so bad I'd want my money back) or so fantastic that it moved me. This book definitely moved me. Like the author of this book, I tried to read everything available about apraxia when my daughter was diagnosed with the disorder. The books that I found were either about general speech delays (with apraxia just a small section) OR technical books that seemed to be aimed at speech therapists. Even the website supposedly for parents of children with apraxia seemed too technical...and I'm a college graduate! I also asked by daughter's speech therapist if there was "ANYTHING" written about apraxia that normal parents can understand. She mentioned some of the books I had already read (and was dissatisfied with). But a few weeks ago, the speech therapist pulled me aside and said "Are you still looking for a book on apraxia for normal parents?? If so, I've got the book for you." She handed me a postcard showing "Speaking of Apraxia's" book cover on it, and said that she'd seen a copy and that its probably exactly what I was looking for. She was absolutely right! This book is comprehensive. It talks about what apraxia is, traditional therapies for treating the disorder, alternative therapies, things parents can do to help their child with this disorder and cope with it, and even a section on insurance coverage for therapy. Best of all, the author "translated" all that technical SLP jargon into language that a parent can understand!! She also gives a list of additional resources at the end of each chapter if you want to know more.

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